



Child & Adolescent Mental Health Conference 2010
15-17 September 2010 • The Rutherford Hotel, Nelson

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Family Therapy Workshop
With – Banu Moloney
Rutherford Hotel, Nelson
Tuesday 14th September
9.30– 4.00pm

This full day workshop is an opportunity to explore the current practise of family therapy in New Zealand and Australia, and consider future pathways for further development in New Zealand CAMH/AOD services.

The morning will provide a context for the day with a presentation by Ms Banu Moloney, a lecturer in Family Therapy at the Bouverie Centre, La Trobe University, Melbourne. The abstract for Banu's presentation is as follows:

'Family Therapy began with the wish to move away from pathologising problem behaviours. In the effort to be pure to family therapy theories families and mothers in particular felt blamed. But to what extent did family therapy simply move from diagnosing the psyche to diagnosing the family. Looking back, we might argue that early theories were too normative. "You are not a good family unless ..." Feminist critiques in particular have helped family therapy to become more truly systemic. With increased cultural sensitivity and with more humility, family therapy theories now sit more readily alongside other therapeutic lenses that emphasise important insights arising out of grief and loss, trauma and attachment theories.

This presentation will address using case examples how a systemic approach can be used respectfully and collaboratively to engage individuals and important people in their context'.

In the afternoon there will be an opportunity to hear about family therapy work being undertaken in New Zealand followed by a facilitated discussion on the future of family therapy in New Zealand.

Family Therapy Workshop Timetable

9.00am – 9.30am	Welcome/Introductions
9.30am – 10.30am	Banu Moloney - BSW (Melb) BEd (Couns) La Trobe MCoun & HS LaTrobe MAPS VAFT. Moving Forward with Family Therapy: Current Practices and Intergration into CAMHS Delivery
10.30am – 11.00am	Morning Tea
11.00am – 12.30pm	Workshop Continues
12.30pm – 1.30pm	Lunch

1.30pm – 2.30pm	Show and Tell: A chance to hear what others around New Zealand are doing (ten minute slots per team/group/individual)
2.30pm – 3.00pm	Afternoon Tea
3.00pm – 3.30pm	Facilitated Discussion: The future of Family Therapy in New Zealand: where to from here?
3.30pm – 4.00pm	Evaluation and Closing