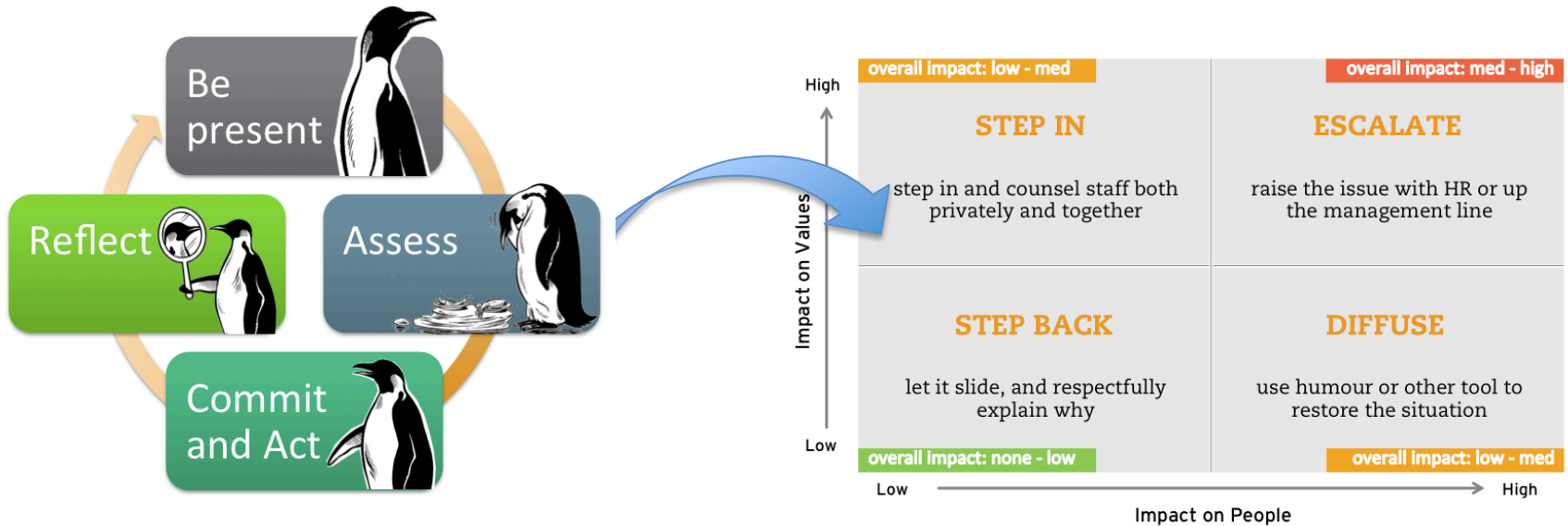


Commit

Think about these ideas and how you operate on a day-to-day basis.



- What do you do well? What could you do better? What do you not do?
- Spend a few minutes thinking about the elements of today's session and write down what you do well, what you'll stop doing, what you'll do now.